

Children as Scientists in Your Backyard

Make an outdoor sculpture in your backyard from natural objects. Keep adding to it and see how it grows over time and the seasons.

Take a nature walk at a new state park or conservation land. Bring along a sketchbook or camera to record what you find.

Bring home “souvenirs” from your walking adventures and start your own collection of natural wonders.

Create a laboratory at home to investigate, research, and record your found natural wonders.

Take Richard Louv’s Vitamin N challenge and share your ideas with others! (www.childrenandnature.org/vitamin/) Spread the word with #vitaminn

Reading Area Books:

Parents/Educators:

The Importance of Being Little, Erika Christakis

Last Child in the Woods, Richard Louv

Vitamin N, Richard Louv

Everything has a shadow, except ants, Reggio Children

Children

The Rainbow Goblins, Ul de Rico

Listen, Listen, Phillis Gershator

Cabinet of Curiosities, Gordon Grice

In the Meadow, Yukiko Kato

Keeping a Nature Journal, Claire Walker Leslie

Nature Anatomy, Julia Rothman

How to be an Explorer of the World, Keri Smith